









**Professional Treatment** 

**Home Treatment** 

**Baby Care** 

SkinSystem dermocosmetic line specific for the professional and home treatment of the mother-to-be during and after pregnancy.

Innovative formulas and textures enriched with natural active ingredients without parabens, alcohol, essential oils, petrolatum, paraffin, sulphates, nickel and other heavy metals, specially formulated for the care of the body of the mother-to-be and her baby.

Professional dermocosmetic products for the cabin treatment of pregnant women.

Specific elasticizing and anti-fatigue formulas that help the body of the mother-to-be to adapt to her new shapes and to recover tone and elasticity in the post-pregnancy phase.

This line, in synergy with the manual skills of the professional, allows to cuddle the future mother during the wonderful journey of pregnancy, giving her well-being and vitality.









Format 500 ml

Cod. 0040020054

100% natural pure sweet almond oil. Emollient, soothing, nourishing and elasticizing, rich in Vit. A, B, E, minerals and bioflavonoids. During pregnancy, it is indicated to counteract the appearance of stretch marks and after childbirth to recover skin tone of abdomen, breasts, buttocks and legs. It restores softness and elasticity helping the woman's body to adapt to new shapes.

Obtained by cold pressing the ripe seeds of Prunus Amygdalus Dulcis, an extraction process that keeps all the characteristics and functional properties unaltered.

With natural preservatives, without essential oils, petrolatum, paraffins, silicones, sulphates, alcohol, dyes, nickel and other heavy metals.



### **DIRECTIONS FOR USE:**

Apply on the area to be treated with a light massage.





# PURE SHEA BUTTER



Format 200 ml

Cod. 1010020179

Shea butter enriched with pure Sweet Almond Oil and Dog-Rose extract. Particularly emollient and nourishing, excellent for pregnant women. It stimulates the production of collagen and elastin, counteracting the appearance of stretch marks and giving elasticity and softness to the skin. With natural preservatives, without allergens, essential oils, petrolatum, paraffins, silicones, sulphates, alcohol, dyes, nickel and other heavy metals.



200 ml e 80 51 40 70 57 95 61 SKIN SYSTEMS.R.L. - V. Mortanelli 14/3 6112 Peace (Table ) - WWW SKINGSTEM IT

### **DIRECTIONS FOR USE:**

Apply to the area to be treated with a light massage. To facilitate its use it is advisable to slightly heat the product with your hands and use in the evening before going to bed.



# PURE VITAMIN E CONCENTRATE

Format 30 ml

Cod 1050020004

Product based on 100% pure Vitamin E. It strengthens, nourishes and protects the skin tissue making it more elastic and stronger. The use of this precious and highly concentrated product helps the body to adapt to its new shapes, counteracting the appearance of stretch marks, and to recover elasticity and tone after childbirth. With natural preservatives, without essential oils, petrolatum, paraffins, silicones, sulphates, alcohol, dyes, nickel and other heavy metals.



## **DIRECTIONS FOR USE:**

Distribute the product on the part to be treated with the appropriate drop counter. Apply Pure Sweet Almond Oil or Shea Butter from the Maternity line and perform gentle circular movements.



DRENA GEL
Draining and
refreshing gel for
the legs

Format 500 ml

# Special heavy legs

Draining and refreshing treatment to relieve the feeling of heaviness and swelling of the legs during pregnancy. The synergistic action of Horsetail and Nettle extracts, together with sea salts, promotes microcirculation and has an effective draining action.

Without alcohol, parabens, petrolatum, paraffins, silicones, sulphates, allergens, essential oils, dyes, nickel and other heavy metals.



# **DIRECTIONS FOR USE:**

Apply on the legs with a light massage from the bottom upwards. It is recommended to use the product before Drena Bendage to enhance its benefits. In order to enhance the cooling effect, keep the product in the refrigerator.



# DRENA BENDAGE



Format 2 soaked bandages

# Special heavy legs

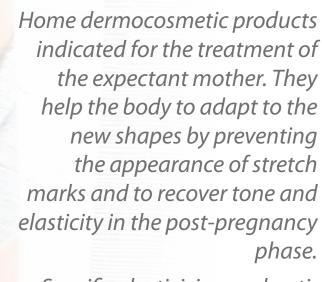
Draining and refreshing treatment to relieve the feeling of heaviness and swelling of the legs during pregnancy. The synergistic action of Horsetail and Nettle extracts, together with sea salts, promotes microcirculation and has an effective draining action. Without alcohol, parabens, petrolatum, paraffins, silicones, sulphates, allergens, essential oils, dyes, nickel and other heavy metals.



## **DIRECTIONS FOR USE:**

Wrap around each leg starting from the ankle, taking care that the bandage with each round overlap by 3/4 cm. The bandage of the right leg should follow the counterclockwise direction, on the left the clockwise direction. Climb up to the hips, buttocks and abdomen. Leave to act for 20/30 minutes wrapping the customer in the cartene. Remove the bandages and complete the treatment by applying the specific products of the same line. In order to enhance the cooling effect, keep the product in the refrigerator. Single use product.





Specific elasticizing and antifatigue formulas to cuddle the future mother during the wonderful journey of pregnancy giving her well-being and vitality.

# Maternity Home treatment



# PURE COLD-PRESSED SWEET ALMOND OIL With natural preservatives

Format 250 ml

Cod 0040020053

100% natural pure sweet almond oil. Emollient, soothing, nourishing and elasticizing, rich in Vit. A, B, E, minerals and bioflavonoids. During pregnancy, it is indicated to counteract the appearance of stretch marks and after childbirth to recover skin tone of abdomen, breasts, buttocks and legs. It restores softness and elasticity helping the woman's body to adapt to new shapes.

Obtained by cold pressing the ripe seeds of Prunus Amygdalus Dulcis, an extraction process that keeps all the characteristics and functional properties unaltered.

With natural preservatives, without allergens, essential oils, petrolatum, paraffins, silicones, sulphates, alcohol, dyes, nickel and other heavy metals



# **DIRECTIONS FOR USE:**

Apply on the area to be treated with a light massage until completely absorbed.





# PURE SHEA BUTTER



Format 200 ml

Cod 1010020179

Shea butter enriched with pure Sweet Almond Oil and Dog-Rose extract. Particularly emollient and nourishing, excellent for pregnant women. It stimulates the production of collagen and elastin, counteracting the appearance of stretch marks and giving elasticity and softness to the skin. With natural preservatives, without allergens, essential oils, petrolatum, paraffins, silicones, sulphates, alcohol, dyes, nickel and other heavy metals.



ZERO % PARABENS, PARAFFINUM, SLS, PETROLATUM, COLORS, SLES, BHT/BHA, ANIMAL DERIVED.

Burro di karitè arricchito con Olio di Mandorle dolci puro ed estratto di Rosa Canina. Particolarmente emolliente e nutritivo, ottimo per la donna in gravidanza. Stimola la produzione di collagene ed elastina, contrastando la compassa delle smagliature e donando alla pelle elasticità e morbidezza. Con conservanti naturali, senza allergeni, oli essenziali, petrolati, paraffine, siliconi, solfati, alcohol, coloranti, nickel e altri metalli pesanti.

MODO USO: Applicare sulla zona da trattare con un leggero massaggio fino a completo assorbimento. Nel periodo invernale, per agevolarne l'utilizzo si consiglia di scaldare leggermente il prodotto con le mani. Utilizzare la sera prima di coricarsi. Solo per uso esterno. Conservare in luogo fresco e asciutto. INGREDIENTS: Butyrospermum Parkii (Shea) Butter, Prunus Amygdalus Dulcis Oli, Rosa Canina Fruitoli, Zea Mayso (I), Parfum



# **DIRECTIONS FOR USE:**

Apply on the area to be treated with a light massage until completely absorbed. In winter, it is recommended to slightly warm the product with your hands in order to facilitate the application. Use in the evening before bedtime.



# **ALMOND MILK**

Format 200 ml

Cod. 1010020085

Body milk rich in Allantoin, Vitamins A and E. It moisturizes, nourishes and elasticises the skin in depth without greasing, leaving it velvety and pleasantly scented. Ideal for pregnant women to counteract the appearance of stretch marks and to restore tone in the post-pregnancy phase.
Without alcohol, parabens, petrolatum, paraffins, silicones, sulphates, essential oils, dyes, nickel and other heavy metals.



## **DIRECTIONS FOR USE:**

Apply on the area to be treated with a light massage until completely absorbed.



# PURE VITAMIN E CONCENTRATE

Format 30 ml

Cod. 1050020004

Product based on 100% pure Vitamin E. It strengthens, nourishes and protects the skin tissue making it more elastic and stronger. The use of this precious and highly concentrated product helps the body to adapt to its new shapes, counteracting the appearance of stretch marks, and to recover elasticity and tone after childbirth. With natural preservatives, without allergens, essential oils, petrolatum, paraffins, silicones, sulphates, alcohol, dyes, nickel and other heavy metals.



### **DIRECTIONS FOR USE:**

Distribute the product on the part to be treated with the appropriate drop counter. Apply Almond Milk or Pure Sweet Almond Oil or Pure Shea Butter from the Maternity line and perform gentle circular movements until completely absorbed.

# SkinSystem



# PERINEUM OIL

Format 100 ml

Cod 0040020077

Rich oil for massaging the perineal area before and after childbirth. It softens, elasticizes and relaxes the tissues in preparation for childbirth, reducing the risk of lacerations and, subsequently, helps to quickly recover skin elasticity and tone. The synergistic action of 100% natural Sweet Almond, Wheat Germ and Peach oils and Dog-Rose extract activates the production of collagen and elastin, protecting and regenerating skin tissues.

With natural preservatives, without essential oils, petrolatum, paraffins, silicones, sulphates, alcohol, dyes, nickel and other heavy metals.



### **DIRECTIONS FOR USE:**

Starting from the 32-34th week of gestation, it is recommended to apply a few drops of oil to the perineal area 2/3 times a week and massage gently for about 5-10 minutes. A slight tingling sensation after application is considered normal. Remove any oil residues with warm water. Do not use in case of early contractions. For more information, consult your midwife.





# BREAST OIL GEL Rhagades-Stretch marks

Format 150 ml

Cod. 1010020178

Specific gelled oil for the treatment of the breasts of pregnant and breastfeeding women. It prepares the nipple for breastfeeding, counteracts the appearance of rhagades caused by the baby's suction. Rich in nourishing and emollient substances, it creates a thin protective layer on the skin, elasticizing the skin, preventing the dryness and easing the itching. In this special formula, pure sweet Almond Oil and vitamin E present in high concentrations, are combined in the prevention and treatment of stretch marks. With natural preservatives, without allergens, essential oils, petrolatum, paraffins, silicones, sulphates, alcohol, colorants, nickel and other heavy metals.



### **DIRECTIONS FOR USE:**

Apply a small amount of product on the area to be treated and massage gently until it is completely absorbed. Repeat the operation at least twice a day or as needed. As a preventive treatment for rhagades: it is recommended to start using the product about 30 days before giving birth to moisturize and protect the nipple and prepare it for breastfeeding. In case of breast rhagades: apply on the nipple and massage gently for a few seconds. It is recommended to apply after breastfeeding, in order to protract the protective action until the next breastfeeding.



DRENA GEL
Draining and
refreshing gel for
the legs

Format 200 ml

# Special heavy legs

Draining and refreshing treatment to relieve the feeling of heaviness and swelling of the legs during pregnancy. The synergistic action of Horsetail and Nettle extracts, together with sea salts, promotes microcirculation and has an effective draining action.

Without alcohol, petrolatum, paraffins, silicones, sulphates, allergons, assential

silicones, sulphates, allergens, essential oils, dyes, nickel and other heavy metals.



# **DIRECTIONS FOR USE:**

Apply on the legs with a light massage from the bottom upwards until completely absorbed, repeat the application if necessary. In order to enhance the cooling effect, keep the product in the refrigerator.

# **Protocol**

# Professional Nourishing/elasticising protocol \*

Product	Quantity	How to use
PURE VITAMIN E CONCENTRATE	A few drops	Apply directly to the area to be treated.
SHEA BUTTER and/or SWEET ALMOND OIL	1 nut / 5-10 ml	Apply the product and proceed with the appropriate massage technique.

From the 4th to the 7th month of pregnancy, one cabin treatment every two weeks is recommended, and from the 8th to the end of pregnancy one treatment per week. \*\*

# Professional Relaxing/draining protocol \*

0 01		
Product	Quantity	How to use
DRENA GEL	30 g	Apply on the legs with a light massage from bottom to top until completely absorbed.
DRENA BENDAGE	1/2 bendage	Wrap around each leg starting from the ankle, taking care that the bandage overlaps by 3/4 cm at each turn. The bandage of the right leg must follow the anticlockwise direction, on the left the clockwise direction. Rise up to the hips and buttocks. Leave to act for 20/30 minutes, wrapping the client in cartene.
SWEET ALMOND OIL	5-10 ml	Apply the product and proceed with the appropriate massage technique.

From the 4th to the 7th month of pregnancy, one cabin treatment every two weeks is recommended, and from the 8th to the end of pregnancy one treatment per week. \*\*

<sup>\*</sup>The two protocols can be paired and performed in the same week as needed. \*\*The protocols can also be performed after pregnancy until the desired result is achieved.



# Home treatment

To maintain and enhance the effect obtained, we recommend the home use of the products of the maternity line for the whole duration of the treatment and in the following months.

Morning	Evening
Pure Vitamin E, Almond Milk Distribute a few drops of Pure Vitamin E directly on the area to be treated, apply a nut of Almond Milk and perform delicate circular movements until completely absorbed.	Pure Vitamin E, Shea Butter, Sweet Almond Oil 250 ml Distribute a few pure Vitamin E directly on the area to be treated, apply a nut of Shea Butter or a few drops of Sweet Almond Oil and perform gentle circular movements until completely absorbed.

**DRENA GEL:** Apply on the legs with a light massage from the bottom upwards until completely absorbed, repeat the application if necessary. In order to enhance the cooling effect, keep the product in the refrigerator.

**BREAST GEL OIL:** Apply a small amount of product on the area to be treated and massage gently until it is completely absorbed. Repeat the operation at least twice a day or as needed. As a preventive treatment for rhagades: it is recommended to start using the product about 30 days before giving birth to moisturize and protect the nipple and prepare it for breastfeeding. In case of breast rhagades: apply on the nipple and massage gently for a few seconds. It is recommended to apply after breastfeeding, in order to protract the protective action until the next breastfeeding.

**PERINEUM OIL:** Starting from the 32-34th week of gestation, it is recommended to apply a few drops of oil to the perineal area 2/3 times a week and massage gently for about 5-10 minutes. A slight tingling sensation after application is considered normal. Remove any oil residues with warm water. Do not use in case of early contractions. For more information, consult your midwife.





# Maternity Baby Care









# BEBÈ BIO ALMOND AND COCONUT OIL

With natural preservatives

Format 100 ml

Cod. 0040020074

- Concentrated oil of 100% natural Almond and Coconut, for the care
  of the skin of the baby and the mother.
- Concentrate of nature without allergens, indicated to pamper and protect the baby's skin from its first days of life and perfect for the mother during breastfeeding.
- Natural raw materials obtained from the cold pressing of ripe seeds of Prunus Amygdalus Dulcis and from physical extraction of Cocus Nucifera L. oil, followed by a careful refining process that maintain all the characteristics and functional properties unaltered.
  - Effective against cradle cap, eczema, rosacea, keratitis, psoriasis,
- chapping and redness problems.
- Rich in vitamins and 100% natural active ingredients that strengthen
- the skin against bacterial infections, fungi and viruses.
  - \*With natural preservatives, without essential oils, allergens,
- petrolatum, paraffins, silicones, sulphates, alcohol, colorants, nickel and other heavy metals.
- Rich in Vit. E particularly emollient, it helps prevent rhagade and redness on the nipples.

# Belsè Bio Olio di Mandorlo e Cocco Olio di Mandorlo e Cocco Olio di Mandorlo e Cocco Skinsysten Skinsysten Skinsysten

# **RECCOMENDATION:**

Used on the baby's skin to cuddle him with sweet massages, it facilitates night rest and calmness. Applied on the little head it counteracts cradle cap. Used on the mom's nipples to prevent rhagades, redness and cracking.

# Maternity Baby Care



# HOW TO PERFORM NEONATAL MASSAGE

- Perform delicate pressure alternating with small circles on the small foot without forgetting to gently press and turn each little finger and rise up from ankle towards the little leg.
- Proceed with the other little foot and little leg by performing the operation several times.
- Once arrived on the tummy proceed with the hands perpendicular to the body of the baby that will be moved in alternating direction starting from the top to the bottom of the abdomen.
- Then gently place the palm of your hand on the tummy and make circular movements in a clockwise direction starting from the right side of the baby.
- Finally run "the walk" with the fingertips from left to right.
- In a prone position, use your thumbs to make large circles on the baby's bottom to the height of the kidneys, then



reducing the circumference by climbing up to the shoulders.

- Then exert pressure with the indexes starting from the neck alternately going down on the shoulders.
- Finally go down with the whole palm of your hand towards the coccyx alternating one hand with the other.
- Repeat the movement several times.





Skin System Srl Registered offices and Headquarters:
Via G. Montanelli, 41/43 – 61122 Pesaro - ITALY
Tel: +39 0721 415707 - 415193 Fax: +39 0721 454428
export@skinsystem.it - www.skinsystem.company - www.skinsystem.it





